

Pssst, Pass it on!

It's the oldest form of communication: talking to people, passing on information. Why not tell your friends about HHI and the wonderful work we do in India and Zambia? They may be interested enough to become a supporter and be put on our mailing list. What will you do with this 'Tidings' when you've finished with it? Why not pass it on to someone who doesn't receive one. Leave it anywhere: on a bus, a train, in a waiting room – anywhere that it may be found and read. There's a thought.

We often receive phone calls from complete strangers offering us wheelchairs and other medical supplies. They have been given our name by supporters or other organisations we already have contact with. We are most grateful that they've remembered us and our needs and passed on our name. Through this we've developed an expanding network of 'suppliers'. **So remember - pass it on!**

Lent Appeal



Please support our Lenten appeal this year. We hope that our calendar will help you to forego the occasional luxury and to donate what you have saved to the work in India and in Zambia. Extra copies for you or your organisation can be obtained from the office.

Presentation Evening

Saturday 7th May 2011
Caerphilly URC
Van Road, Caerphilly CF83 1JZ
7.00 p.m. for 7.30 p.m.

This meeting will give an overview of HHI's work in India and Zambia. As well as being of interest to our regular supporters, we hope it will provide an opportunity to publicise the work of HHI to a wider audience.

Do you shop online?



If you do, please register with easyfundraising.org.uk and then select HHI as your favoured charity, before you shop.

When you then buy online, at *Amazon* for example, HHI will benefit by receiving a small percentage of the proceeds of the purchase - at no cost whatsoever to you. The amount received by HHI is small (around 2.5%), but every little helps!



Health Help International
Stow Park Church Centre, Brynhyfyd Road Newport, South Wales NP20 4FX
Tel: 01633 671055 Email: healthhelp@live.co.uk



Tidings

February 2011

The Newsletter of Health Help International

Reg. Charity No. 1078353



It's Arrived!



Finally, after many frustrations and costly delays, the HHI container arrived in Monze on 11th November. The distribution of mobility aids has already been carried out with the help of trained physiotherapists from Monze Mission Hospital and Holy family. Vulnerable people in Gwembe have benefited from warm clothing and walking sticks and Alphonsina is delighted with her mattress. No longer will she have to sleep on the floor.

The ultrasound scanner which left Deeside Community Hospital, North Wales in June, was transported on the HHI container and donated to Gwembe District hospital on December 9th 2010. This donation came just at the right time, as Mrs Jane Tembo had recently returned from Uganda where she became qualified in using ultrasound technology. Earlier intervention is now possible and lives will be saved. The good news was broadcast on the Zambian National Broadcasting Corporation in Lusaka.



The container also carried essential medical equipment for Monze Mission Hospital and Mercy Flyers. We are very grateful to both of these organisations for their contributions towards the container costs.

We are already thinking about our next container and have received some valuable feedback from our partners in Zambia. In order to make the best use of the space available, they have advised us that, for the time being, they no longer require electric sewing machines. Manual sewing machines, however, are still in demand and we will find room for them on our next container. They have also told us that the spectacles they need are those with simple lenses. We have acquired a focimeter to grade the spectacles before we send them to Monze. As ever, we are grateful to all our supporters for the many gifts large and small which make life a little easier for our friends in Monze and the surrounding rural areas.



Alphonsina with her new mattress



Working with our partners in Zambia and India, in Jesus' name, bringing help to vulnerable communities



Solar Battery for Choongo School



A new battery for the solar panel will soon be providing light in the dormitory for the disabled boarders at Choongo school. It has been funded by the Eco-group of St Joseph's College, Dumfries. Even though HHI has previously provided a solar panel,

the battery was in need of replacement. Without light, snakes are a hazard and their bites have resulted in amputations.



A poultry house for Mumba Community



A Harvest collection and a sponsored aerobics session in Lliswerry High School, Newport will give Mumba Community near Monze a poultry project. This will help them to raise

funds to start building their own school for 78 vulnerable children.



Food for children in Monze Mission hospital

Chileleko has made great improvements thanks to the additional funds which enable malnourished children to receive extra protein supplements. HHI regularly gives £50 each month to Monze Mission Hospital to buy eggs, ground nuts and milk.



Qualifications for the Blind Students



Bright and Busiku are currently awaiting their final results and then they should be deployed by the Ministry of Education. Frank hopes to follow their lead by the end of 2011. Lazarus too is awaiting his final results. He hopes to apply for a place in the University of Zambia, teaching music to the visually impaired. Four talented young people who have been helped by HHI.

Standing by the destitute in Trivandrum

There are many individuals we help in India, but there are others who have no name – the “unknowns”. They are brought to the hospital, often unconscious after an accident, but they will not be admitted because they have no “bystander” to look after them. We now employ a full-time bystander to look after such people. This ensures that they get treatment. The hospital would like this to become a permanent feature.

Lehla is a poor woman who has spent all the money that she had on a desperately-needed kidney transplant operation. She often goes without food, lives in a hovel, and takes out all the loans that she can. But despite this, she has insufficient money to pay for the drugs that are essential to stop her body rejecting the new kidney. Thanks to your generosity we are able to help her with the cost of these life-saving medicines.



Anil Kumar is a blind young man who lives near to Tom Sutherland. There is a good centre for the blind in Trivandrum (Thiruvananthpuram) where he can learn life skills and a trade, but his family is too poor to pay for the bus fare and the cost of materials. A grant from HHI of just £1 a week makes all the difference between a hopeless life of destitution and a hope for the future.

A voyage to India

By the time you read this, Edmund Plummer, the chairperson of the HHI trustees should be in India. He will find out more about everything that has happened over the last year, and consider how the work might develop over the next year. Thank you so much for all your contributions that make this work possible – we couldn't do it without you!

